

**Congregation
Beth El-Atereth Israel**



**PASSOVER GUIDE
2010-5770**

Congregation Beth El-Atereth Israel

PASSOVER GUIDE

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The OU Passover Directory lists many brand name products that are Kosher for Passover and includes other valuable information relating to the Passover holiday. This guide is available on the web at: http://www.oukosher.org/pdf/Pesach_Guide2010.pdf

When accessing the web copy of the guide, the page numbers on the Adobe page counter are different from the actual page numbers appearing on the pages of the document itself. The Beth El guide will often refer to various pages in the OU Guide. These references are the actual page numbers on the document itself and not to the page numbers on the PDF page counter.



I. INTRODUCTION

The uniqueness of the Passover Holiday rests not only in the historical commemoration of the liberation of the Jewish people from the land of Egypt. Passover is also special in the way in which the various laws, customs and rituals of the eight days transport us onto a different plane.

So encompassing are the laws of Passover that it literally transforms our entire home and lifestyle.

In modern times Passover observance has been enhanced by modern technology in providing a wide variety of Passover foods. On the other hand, modern technology has found so many innovative uses for grain derived substances that areas previously regarded as problem free require investigation.

This guide is intended to facilitate the observance of the Passover laws while attempting to minimize the potential hardships involved in preparing for Passover.

Obviously questions will arise that are not covered by this guide. Please do not hesitate to contact me at the Shul or at my home.

May our proper observance of this holiday bring about the time of redemption for all of Mankind.

A happy and kosher Pesach to all.

Rabbi Gershon Segal

The Child asks:
"Why is this night different from all other nights?"
Because tonight we reaffirm our faith,
our commitments to freedom, and the strength of our heritage.



II. PASSOVER SCHEDULE

SUNDAY, MARCH 28 Bedikas Chometzafter 8:00 pm

MONDAY, MARCH 29 _Erev Pesach/First Night Pesach

Morning Service and **Siyum for First Born**..... 6:15 am

LATEST TIME FOR EATING CHOMETZ..... 10:43 am

LATEST TIME FOR BURNING CHOMETZ..... 11:34 am

Candle lighting time (*Shel Yom Tov & Shehechyanu*) 6:49 pm

Mincha Service..... 6:55 pm

Maariv Service 7:20 pm

FIRST SEDER

TUESDAY, MARCH 30 First day of Pesach / Second Night Pesach

Morning Service..... 9:00 am

Mincha Service 6:55 pm

Maariv Service 7:35 pm

Candle Lighting Time (*Shel Yom Tov & Shehechyanu*) after 7:50 pm

SECOND SEDER

BEGIN TO COUNT SEFIRA

WEDNESDAY, MARCH 31 Second Day of Pesach

Morning Service..... 9:00 am

Mincha Service 6:55 pm

Maariv Service 7:40 pm

Havdalah after 7:51 pm

THURSDAY, APRIL 1 Chol Hamoed Pesach

Morning Service..... 6:15 am

Mincha / Maariv Service 7:00 pm

FRIDAY, APRIL 2 Erev Shabbat Chol Hamoed Pesach

Morning Service..... 6:15 am

Candle Lighting (*Shel Shabbat*)..... before 6:53 pm

Mincha Service / Kabbalat Shabbat..... 7:00 pm

SATURDAY, APRIL 3 Shabbat Chol Hamoed Pesach

Morning Service..... 9:00 am

Reading of The Song of Songs

Mincha Service 6:45 pm

Maariv Service..... 7:45 pm

Havdallah after 7:55 pm

SUNDAY, APRIL 4 Erev Yom Tov

Sunday Morning Service..... 8:00 am

Candle Lighting Time (*Shel Yom Tov*) 6:56 pm

Mincha Service 7:05 pm

Maariv Service..... 7:20 pm

MONDAY, APRIL 5 Seventh Day of Pesach

Morning Service..... 9:00 am

Mincha Service 7:05 pm

Maariv Service..... 7:45 pm

Candle Lighting Time (*Shel Yom Tov*)..... after 7:57 pm

TUESDAY, APRIL 6 Eighth Day of Pesach

Morning Service..... 9:00 am

YIZKOR 10:30 am

Mincha Service 7:05 pm

Maariv Service..... 7:45 pm

Havdallahafter 7:59 pm

Permissible use of Chometz items sold through Rabbi Segal after 9:00 pm

III. EATING ON EREV PESACH

From 10:43 A.M. on Erev Pesach (Monday, March 29, 2010) it is forbidden to eat Chometz. On Erev Pesach we are also prohibited from eating matzoh so that the experience of eating at the Seder can be a fresh and exciting one. However, one is allowed to eat cooked (boiled) matzoh, i.e. matzo balls, on Erev Pesach until 3:57 P.M. Cookies and cakes *baked* from matzo meal cannot be eaten on Erev Pesach.

IV. WHAT IS CHOMETZ?

Chometz is a general term for all leavened foods forbidden on the Passover. Food or drinks made from wheat, rye, barley, oats, millet and derivatives are subject to the laws of Chometz.

GRAIN PRODUCTS: All grain products such as cereals, breakfast foods, grain alcohol, grain vinegar, yeast and malts are forbidden. Passover foods containing flour such as matzos, cakes, macaroons, egg noodles, etc., require reliable Rabbinical endorsement. Endorsement is also required for candy, soft drinks, wines, liquors, milk, horseradish, vinegar and canned foods.

BAKERY PRODUCTS: The purchase of macaroons, sponge cakes and the like, in any bakery must have special Passover supervision. It is a serious error to assume that they are permissible - even those Rabbinically endorsed the rest of the year.

KITNIOT: Legumes (beans, corn, peas, rice, mustard, etc.) and the derivatives of these foods (i.e. corn oil, corn syrup, soy bean oil, etc.) because of their similarity to Chometz are not eaten on Passover by Ashkenazic Jews (Jews of Eastern European descent). Since there is a large Sephardic (Jews of Yemenite and Sephardic descent) community in Israel, many Israeli products certified Kosher for Passover may contain Kitniot derivatives. Israeli products bearing an OU P and Streit's Passover Israeli products are free of Kitniot derivatives.

AFTER PASSOVER: Chometz that is owned by a Jew on Passover is rendered prohibited in its use after Passover. The Rabbis imposed this as a penalty for failure to observe the laws requiring disownership of Chometz before Passover.

Some grocery stores are Jewish owned (Jewish individuals hold controlling interest) and operate with chometz over Pesach. Care should be taken not to purchase Chometz from such stores immediately after Passover, since such items were under Jewish ownership. Stop & Shop and Shaws are not Jewish owned and do not involve this problem.



V. FOOD PRODUCT INFORMATION

Note: This year the OU Passover Directory contains in one separate section all OU items that are acceptable for Pesach even when not bearing the “P” next to the OU symbol. This can be found on pages 43-55.

ALMONDS & WALNUTS: Any brand raw unroasted without any added preservatives, even if chopped or ground, may be used on Passover without Passover certification provided that they are purchased in sealed factory packaging. If the label states that it is processed in a plant that processes chometz (ie.wheat) then it requires Kosher for Passover certification in order to be used. Pecans require Kosher for Passover certification.

AMMONIA: All brands

ARTIFICIAL SWEETENERS: The sweetener Equal is *not* kosher for Passover. However, Nutra Sweet is kosher for Passover when used in a properly endorsed product for Passover. Please refer to the OU directory for certified products.

BAKING SODA: All brands

BLEACH: All brands

COCOA: Hershey's pure cocoa may be used without any special certification.

COFFEE: Some coffee manufacturers use grain additives in certain of their coffee brands which are produced on the same equipment as their regular coffees. Also, some companies use solvents which may be derived from Chometz in the decaffeination process of their decaffeinated coffees. Consequently, only coffees approved for Passover should be used. A list of approved national brand coffees can be found in the OU Directory. Coffees listed in the shaded section are acceptable without special Passover certification on the label. This year, Folgers and Taster's Choice brands of instant unflavored coffee except decaffeinated *are* acceptable for Passover, without special Passover marking; however, Sanka is kosher for Passover *only* when bearing the OK- P on the label.

DATES & RAISINS: See the OU Directory for brands that do not require special Passover certification.

DETERGENTS - DISHWASHING & OTHER: See the OU Directory. Ivory Liquid—White, Lemon, Clear, Joy, and Dawn dishwashing detergents may be used on Passover without special Passover

certification on the label. Various products by Colgate Palmolive are also approved for use on Pesach even when not bearing Kosher for Passover certification on the label; see page 45 of the OU Passover directory for details.

EGG MATZOH: In Ashkenazic communities it is customary not to eat egg matzoh on Passover except for the elderly, sick and young who cannot digest regular matzoh. Some Passover "egg barley" is made from egg matzoh and should be treated accordingly.

FRESH FRUITS & VEGETABLES: Fresh fruits and vegetables are kosher for Passover (except Kitniot as described above) but should always be washed thoroughly before using. Bananas, garlic, tomatoes, cabbage and other such fruits and vegetables may be used on Passover. **This year packaged fresh salads and vegetables, that do not contain Kitniot (e.g. peapods) from Dole's or Shaw's are Kosher for Passover when bearing the plain Star-K symbol.**



FROZEN VEGETABLES: Many companies producing frozen vegetables also produce frozen vegetable/pasta blends. The pasta blends are often produced on the same equipment as the plain frozen vegetables rendering them forbidden on Passover. Consequently, frozen vegetables require special Kosher for Passover certification.

FRUIT: Any frozen fruit (unsweetened without syrup) is acceptable for Passover use without any certification.

INFANT FORMULA: While infant formulas are made from Kitniot, the restriction of Kitniot does not apply to infants requiring such formula. The following brands of infant formula contain no Chometz and are permissible on Passover: Enfamil (not cereal), Similac, Similac Lactose free. Utensils used with these formulas should be kept and washed

from the rest of your Passover utensils. See OU Passover directory on page 88 for nutritional supplements for adults.

JUICE: Any unsweetened Grade A 100% pure frozen grapefruit or orange juice concentrate is acceptable.

LEMON JUICE & LIME JUICE: ReaLemon is acceptable without special Passover certification.

MARSHMALLOWS: There are several brands of marshmallows on the market today which bear the rabbinical certification as Kosher for Passover and list in their ingredients K-Gelatin or Kosher Gelatin. Notwithstanding the rabbinical certification, the gelatin contained in these products may be made from non-kosher animal sources. The certifying rabbis for these products maintain that gelatin is kosher because the non-kosher animal product is rendered unfit for human consumption at one stage of the gelatin manufacturing and even though it reverts back to an edible stage in the final product, they still maintain that the gelatin is kosher. Space does not allow for full treatment of this topic; however, let it suffice to say that the major national kashrut organizations such as the OU, OK, Kof-K and numerous others do not accept this point of view and do not certify any product with this type of gelatin.

Marshmallows bearing OU-P do not involve this problem and are reliably certified using either fish gelatin or gelatin made from kosher beef.

Jelled desserts bearing an OU-P and Streit's Jelled desserts do not contain gelatin. They use a gelatin substitute called Carageenan which is derived from seaweed.

MINERAL OIL: All brands are acceptable without special Passover certification.

OIL: See the OU Directory for oils bearing special Kosher for Passover certification and for Extra Virgin olive oil acceptable for use on Passover even if Kosher for Passover is not stated on the label.

OVEN CLEANER: Dow, Easy Off.

PET FOODS: Most pet foods contain Chometz. Non-chometz substitutes must be found. Serving one's pet Chometz on Passover is strictly prohibited because it is not only prohibited to eat Chometz but it is also prohibited to derive any benefit from Chometz.

SALT: Any OU brand of salt not listing dextrose, malted dextrose or polysorbate in the ingredients is acceptable for Passover use without special Passover

certification. (Morton's uniodized salt falls into this category.)

SCOURING PADS: See the OU Directory, for a list of pads not requiring special Passover certification.

SPICES: Due to recent changes in the spice industry, pure spices require reliable Kosher for Passover certification. See the OU Directory, page 77.

SUGAR: Any brand white granulated (not powdered) is acceptable for use on Passover without special certification. Brown sugar requires special certification for Passover. Domino brand brown or brown-ulated is acceptable for use on Passover when bearing OK- P on the label. C&H Gold Brown and Dark Brown does not need special certification.

TEA: See the OU Directory for brands of tea bags that do not require special passover certification. Nestea Regular and Decafinated Instant Unflavored Tea is also acceptable for use on Pesach. Lipton's Instant Tea is **not** acceptable for Pesach this year.

VITAMINS: Prenate Elite Tablets by Horizon is acceptable.

WAX PAPER: CutRite

PACKAGING: All aluminum foil, aluminum foil pans, plastic wrap, plastic bags, styrofoam plates and cups, plastic plates, cups and cutlery are acceptable for Passover use without special certification.

NOTE: All the above items should be purchased for Passover in new unopened packages.

VI. MEDICINES & COSMETICS:

See page 87 of the OU Passover directory regarding guidelines for medicines on Pesach.

MEDICINES: Under no circumstances should an individual take it upon himself to forego prescribed medication without first consulting both one's physician and rabbinic authority. The following is a list of non-prescription drugs which are free of Chometz. Space does not allow a complete listing. If you have a question regarding a specific product, contact Rabbi Segal.

ANALGESICS:

Motrin
Tylenol Tablets (Adults: caplets & tablets, Regular & Extra Strength, Children: Chewable and Liquid)
St. Joseph Chewable Aspirin`

ANTACIDS:

Bicarbonate of Soda (not baking powder)
Pepcid Tablets, Zantac
Tums: Regular, E-X, Ultra NOT Smoothies, NOT Tums Kids

COUGH MEDICINE:

Vicks 44, 44D, 44E, 44M

DIARRHEA MEDICINE:

Pepto Bismol caplets and liquid
Immodium

COLD & ALLERGY MEDICATION:

Zyrtec
Chlortrimeton
Tylenol Cold

LAXATIVES:

Metamucil (not wafers)
Miralax

See page 87 of the OU directory regarding allowances for taking pills and tablets that are not flavored, not chewable and not coated as well as other guidance regarding the taking of medication on Passover.

See page 89 of the OU directory regarding guidelines for cosmetics and other non-food items on Passover.

COSMETICS: Not only is one prohibited from eating Chometz on Passover, one is also prohibited from receiving any benefit whatsoever from Chometz. Items such as perfumes, colognes, toilet water, hair tonics, shaving lotions, mouthwash, liquid and roll-on deodorants may contain grain alcohol or its derivatives. The following brands are acceptable for use on Passover.

Perfume:	Revlon: Charlie (red and white cologne spray, concentrated cologne spray), and Ciara concentrated cologne spray 100, 200 80 strength
Lipstick:	Revlon: Colorstay Lipliner, Colorstay Mineral Lipglaze, Overtime Lipcolor, Overtime Sheer Lipcolor, Soft & Smooth Lipcolor, Soft & Smooth Lipcolor Sheer, Ultimate Lipcolor.
Deodorant:	Secret, Old Spice, Mennen
Liquid Hand Soap:	Soft Soap liquid soap
Mouth Wash:	Scope, Listerine
Shampoo	Head and Shoulders, Revlon Flex, Pantene (except Pro V)
Tooth Paste:	Colgate
Other Toiletries:	Desitin, Johnson Baby Powder, Fixodent, baby wipes without alcohol listed in the ingredients, isopropyl alcohol and Vaseline.

The following items are acceptable for use on Passover unless they contain Avena Sativa [Oats], Beta Glucan [Oats], Prolamine [Oats], Sodium Lauroyl Oat Amino Acids [Oats], Secale [Rye], Triticum Vulgare [Wheat], Steropro or any wheat, oat or rye ingredients.

Baby oils	Isopropyl Alcohol
Blush	Nail polish
Contact lens solution	Rouge
Eye shadow	Talcum Powder
Eye liner	Nail polish remover
Mascara	Shoe polish
Face powder	Powdered deodorant sticks

All of these items above should be used from a new, unopened container.

VII. PREPARING THE HOME FOR PASSOVER

Since every Jew is required to remove all Chometz from all premises under his or her jurisdiction, a thorough cleaning must take place before Passover. During this process be sure to remember closets, desks, cabinets, clothes (pockets and cuffs), purses, pocket books, toy chests, carriages, toy houses, furniture, basements, school bags, travel bags, trunks, books, vacuum cleaner bags, high chairs, and your office and car (dash, trunk, etc.). Please refer to the Passover Schedule for the appropriate time of the Bedikas Chometz.



VIII. PREPARING THE KITCHEN FOR PASSOVER

DISHES AND UTENSILS: Since we are not permitted to have any trace of leaven in our food during Passover, special attention must be given to dishes and utensils. It is, of course, best to use dishes and utensils specifically set aside for Passover use. However, under certain conditions, some of the utensils used throughout the year may be used for Passover. They must be *kasher*ed or prepared in a special manner for Pesach use. The laws of *kashering* are many and varied. If you have any utensils that you wish to *kasher*, consult Rabbi Segal.

DISHES AND UTENSILS WHICH CANNOT BE KASHERED FOR PASSOVER USE:

1. Chinaware, pottery, and all earthenware.
2. Plastic dishes.
3. Utensils that may be damaged by hot water, e.g. where a utensil is glued together.
4. Knives with glued on, or plastic handles.
5. Glass and Pyrex utensils used for hot food.

GLASS VESSELS: Glassware not ordinarily used for hot food and not generally used for whisky or vinegar may be made fit for Passover use by soaking them in water for three consecutive days, changing the water every 24 hours. This does not apply to Pyrex.

KASHERING OVENS AND RANGES: Every part of the oven and range must be thoroughly cleaned and scraped (oven cleaners such as Dow

Oven Cleaner may be used for this purpose) and then allowed to remain unused for 24 hours. The oven should then be turned on to its maximum temperature for 1 1/2 hours. Burner grate of gas range tops and oven racks should be placed inside the oven for this kashering period. Electric range tops need only be turned on until they glow. (These may be done in sequence to avoid overheating.) Gas range burners should be turned on at maximum temperature for 20 minutes, not to kasher the grates which are in the oven, but to kasher the burners themselves. Range top surfaces should be covered to prevent contact with Passover utensils. Broiler racks must be heated to a glow. Since this is generally impractical, new disposable broiler racks are often used as an alternative.

MICROWAVE OVENS: Clean the oven thoroughly. Then leave it idle for at least 24 hours. Fill a completely clean container which has not been used for 24 hours with water. Turn microwave on its highest setting for a while allowing the water to boil and steam heavily. Turn it off and wipe out the inside. Notwithstanding the above, the insert glass tray should be replaced or covered well with plastic or styrofoam. The above does not apply to microwaves with browning elements or convection microwave ovens. Such ovens should be treated as regular ovens.

BLENDERS AND FOOD PROCESSORS: If new bowls and blades have been set aside exclusively for the Passover holiday, it is permissible to use the base unit provided that all exposed parts, including the stand, are thoroughly cleaned first. However, since the motor part of an electric mixer is located on top of the bowl, often exposed to Chometz and can only be cleaned with great difficulty, it is recommended that a special mixer be used exclusively for Passover.

SINKS: All parts of the sink should be thoroughly cleaned and allowed to remain idle for 24 hours. Then boiling water should be poured on every part of the sink from the utensil in which the water was boiled. If the sink is made out of porcelain as opposed to stainless steel, in addition to the above processes, it is recommended that the sink should be covered with such materials as contact paper or aluminum foil. Separate dish racks, sink racks and wash basins should be obtained for Passover use.

TABLES AND COUNTERS: All tables and counters should be thoroughly cleaned and covered sufficiently so that no Passover utensil comes in contact with the counters or tables.

ALL KASHERING MUST BE DONE BEFORE EREV PESACH: All dishes and utensils used throughout the year and not Kasherred for Passover use, all flours, cereals, all liquors derived from grain and other articles that contain Chometz in one form or another must be securely put away.

IX. RITUAL GUIDE TO THE SEDER

As we know, preparations for the Seder involve substantial effort and time. In order to do justice to these efforts, one should conduct a Seder in accordance with the prescribed laws. Please refer to the OU Passover Directory on pages 27-29 for valuable information on conducting a seder. Of particular importance is the section dealing with the minimum measures of matzoh, maror and wine that have to be partaken of during the Seder. If health issues interfere with compliance of partaking of matzah, maror or wine, contact Rabbi Segal for alternative options.

X. SALE OF CHOMETZ

If one does not physically dispose of all of his or her Chometz before Passover then he or she may sell the remaining Chometz to a non-Jew before Passover. This sale involves many complexities in order to be valid according to Jewish law. Therefore it is common practice to appoint one's rabbi as agent with power of attorney to sell one's Chometz. This designation should be done in person. Rabbi Segal will be available for this purpose at the shul on Sunday mornings, March 21 and 28 from 9:30 A.M. until 12:00 P.M. or at an alternate prearranged time. This sale is not merely symbolic but a real and valid sale according to Jewish and secular law. Full intent to transfer ownership is a vital part of the transaction.



XI. CONSUMER ALERTS

KEDEM has one not Mevushal grape juice. This is bottled in 1.5 liter glass bottles and clearly labeled Non-Mevushal.

Manischewitz wines: Some Manischewitz wines contain corn syrup and are not certified kosher for Pesach. Be sure to check for the “P” next to the OU or label to verify Kosher for Pesach status.

EMPIRE BARBECUED CHICKEN: Certified as Kosher for Passover only when "Kosher for Passover" appears on the plastic bag label.

PLAY-DOH is Chometz.

POSTUM is Chometz.

GLOVES: Some rubber gloves have a powdered coating on the inside to facilitate putting them on. Some of these coatings are Chometz.

FRUIT: Dole and Libby's canned pineapple are **no longer** recommended for use on Passover.

TEA: Lipton's Instant Tea is **not** acceptable for Pesach this year.

WHITE GRAPE JUICE MATZOH, GRAPE BIT CRACKERS AND PASSOVER TAM TAM CRACKERS made for Passover by Manischewitz are in the same category as egg matzoh and their use is restricted as indicated in EGG MATZOH , page 6. *This year Manischewitz will also have a line of Passover Tam Tams that are made from regular Matzoh. Check the label to verify the Tam Tam variety and its Kosher for Passover status*

INSECT AND PEST TRAPS can contain Chometz as a bait. Since we are prohibited from benefitting from Chometz on Passover, use of such items determined to contain Chometz is prohibited on Passover.

The following Ingredients are Chometz: Avena Sativa [Oats], Beta Glucan [Oats], Prolamine [Oats], Sodium Lauroyl Oat Amino Acids [Oats], Secale [Rye], Triticum Vulgare [Wheat]

XII. SPECIAL DIETS (The following are excerpts from the OU Passover Guide.)

Infant Cereal: Rice is *kitniyot*, but is permitted for consumption by infants. However, manufactured baby rice cereals can contain actual *chametz*.

Here is a recipe to prepare rice cereal at home:

1. ¼ cup rice powder (brown or white (not enriched) rice ground in blender, food processor, or coffee grinder).
2. 1 cup water.
3. Bring liquid to boil in saucepan. Add the rice powder while stirring constantly.
4. Simmer covered for 10 minutes, mix in formula or breast milk and fruits if desired.
5. Serve warm.

Lactose Intolerance: Lactaid production is likely to involve *chometz*. This renders chewable lactaid tablets problematic. However, our Rabbinical authorities have decided that lactaid milk is permissible if purchased before Passover since any *chametz* container within lactaid milk would be nullified (batel).

Milk Allergies: For children that have milk allergies, they are permitted to consume *kitniyot*; however soy milk and other similar milk substitutes generally use enzymes that may contain *chometz* in their manufacturing process. The OU has identified a soy milk that is free from *chometz* and can be used in these hardship situations. The product is “Soy Dream Original Unenriched Soy Milk”.

Congregation Beth El-Atereth Israel

extends its best wishes

to all its members and friends

for a joyous and kosher Passover

חג כשר ושמח

